



NOW I'M A COACH, WHAT'S NEXT

- ☐ 1. Coaches must have a valid email address to review their email weekly or appoint an alternate from the team that will meet this requirement.
- ☐ 2. Fill out Volunteer Form at www.ayso281.org within your account.
- ☐ 3. Look for an email from Sterling. Complete your background check.
- ☐ 4. Complete CA requirement of fingerprinting. Or complete at kick off meeting with LiveScan
- ☐ 5. Complete volunteer training. In your PHMSA account, click on your volunteer page, then click on AYSOU.
 - ☐ Safe Haven
 - ☐ Concussion Training
 - ☐ Safe Sport
 - ☐ Cardiac Arrest

Coach Training Dates (Bring chair, water, clipboard, pencils, tennis shoes or cleats) : register in AYSOU & complete online modules before attending

| 6U* <small>Companion field session only</small> | 8U* <small>Companion field session only</small> | 10U | 12U | Intermediate (14U) |
|---|---|-------------------------|---|-----------------------------|
| Sat July 26 2pm-3:30pm | Sat July 26 3:30-5pm | Sat July 19 3pm-6pm | Sat July 19 9am-3pm | Advanced (19U) |
| Wed July 30th 5:30pm-7pm | Tues July 29th 7pm-8:30pm | Sat July 26 9am-1pm | Sat Aug 2** Golden Gate Camp | Aug 1-3 Golden Gate Camp |
| | | Sun Aug 24th 3pm-6pm | Sun Aug 24th 9am-3pm | |
| <small>*Field session not required but highly recommended. Coaches must take 6U or 8U modules on AYSOU for certification.</small> | | | <small>**GGC 12U field session highly recommended</small> | |

*all fees for GGC are reimbursed by PHMSA upon completion of course

- ☐ 6. Fill your volunteer sheet with parent volunteers (see Coaches Toolbox)
- ☐ 7. Attend Coach meetings or send a team representative
 - ☐ July 24 - 2025 Season Kick Off Meeting
 - ☐ September 4th
 - ☐ October 16th

Have fun and THANK YOU!